



THE PERIOD PROJECT ●

**Providing menstrual kits
for our youth that will be
attending school.**

The kits include a supply of menstrual products to help manage up to 3 cycles, a toiletry bag intended to store pads/tampons needed for daily use as well as self-care items and educational materials. These kits will give our youth one less thing to worry about as they attend school this year!

Please consider bringing a donation of a few items for this non-profit that provides safe housing for women and children.

Items needed

**Hygiene Products -- Tampons, Pads, Panty Liners
Deodorant, Bath Soap, Small Body Wash
Small Shampoo, and Conditioner
Gift cards from Walmart or Target
Questions about donations 2joanmerritt@gmail.com**

The mission of the Catherine McAuley Center is to provide temporary shelter for women with children in crisis through individualized case management empowering them to secure and maintain safe and affordable, permanent housing.

www.catherinemcauleycenter.org/period.aspx

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